



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weekly Recurring Events: Workshop: Mon. - Thurs. 9-4:30 Little Store & Gift Shop: Every Mon. & Thurs., 10-1 (CLOSED 5/27) Men's Club: Every Mon. & Thurs., 9:30 MPR			1 9:00 P Aquatics Exercise 9:30 1F Balloon Ball 10:00 2F Mind Aerobics 10:00 3F We're Still Cookin' 10:30 CH Morning Prayer 1:00 TR Cardio Drumming 2:00 CH Catholic Mass 2:30 CH Guest presentation: Intro to Mindfulness 2:30 MP Riversong Practice	2 9:30 TR Sittercise 2 with Kelli 10:15 2F Travelogue 1:30 TR Craft: Spring Wreath ✓	3 9:00 P Aquatics Exercise 9:00 3F The Wake Up 9:30 TR Sittercise 10:15 WR 10:15-11 Circuit Training 10:15 MT Show: "Alias Grace" 10:30 CR Grief Support Group ✓ 11:00 TR Bookmobile Drop-Off & Pickup 1:30 TR Cinco de Mayo Happy Hour Social	4 10:00 TR Tell Me a Story 1:00 TR YouTube with Pat
5 10:00 OO Traditional Worship at St. Luke Lutheran Church ✓ 6:00 CH Evening Prayer Service	6 9:00 P Aquatics Riverwalk 9:30 TR Sittercise 10:00 TR Mind Games 10:30 CH Bible Study 11:00 MP Yoga (Chair Option) \$ ✓ 1:30 CH Tapestry Quartet performance 2:30 TR BINGO	7 9:00 RR The Wake Up 9:30 TR Cardio Drumming 10:15 CH Our Voice 1:00 P Aquatics Ai Chi 1:00 MT Movie & Popcorn: "The First Wives Club" 3:00 CH Defining Democracy	8 9:00 P Aquatics Exercise 9:30 1F Balloon Ball 10:00 2F Mind Aerobics 10:30 CH Morning Prayer 1:00 TR Cardio Drumming 2:00 CH Catholic Communion 2:30 TR BINGO 2:30 MP Riversong Practice	9 9:30 TR Sittercise 2 with Kelli 10:15 TR Polish & Shine - hand & nail care 3:00 CH Worship hosted by Central Lutheran	10 9:00 P Aquatics Exercise 9:00 OO Shopping at Yoke's Fresh Market ✓ 9:30 TR Sittercise 10:15 WR 10:15-11 Circuit Training 10:15 MT Show: "Alias Grace" 10:30 CR Grief Support Group ✓ 1:30 MT Movie & Popcorn: "The Count of Monte Cristo"	11 8:30 OO 8:30-11:30 Spokane Garden Expo at SCC ✓ 10:00 2F Tell Me a Story 1:00 3F YouTube with Pat
Mother's Day 12 10:00 OO Traditional Worship at St. Luke Lutheran Church ✓ 11:30 DR Mother's Day Buffet 3:00 OO Spokane Symphony Masterworks 9: Expo '74 ✓ 6:00 CH Evening Prayer Service	13 9:00 P Aquatics Riverwalk 9:30 TR Sittercise 10:00 TR Mind Games 10:30 CH Bible Study 11:00 MP Yoga (Chair Option) \$ ✓ 1:30 TR BINGO 3:15 3F Coffee & Table Games	14 9:00 RR The Wake Up 9:30 TR Cardio Drumming 10:15 CH Terrace Resident Meeting 1:00 P Aquatics Ai Chi 2:00 CH Riverview Presents: Wagner & Kong	15 9:00 P Aquatics Exercise 9:30 1F Balloon Ball 10:00 2F Mind Aerobics 10:00 1F Woodcraft with Tommy John 10:30 CH Morning Prayer 1:00 TR Cardio Drumming 2:00 CH Catholic Mass 2:00 MT Movie & Popcorn: "Something's Gotta Give"	16 9:00 2F The Wake Up 9:30 TR Sittercise 2 with Kelli 10:00 MT Documentary & Discussion: "Fantastic Fungi" 2:00 TR Women's Tea & Hat Party ✓	17 9:00 P Aquatics Exercise 9:00 3F The Wake Up 9:30 TR Sittercise 10:15 WR 10:15-11 Circuit Training 10:15 MT Show: "Lupin" (Part 3, Chapter 1) 10:30 CR Grief Support Group ✓ 2:00 TR Therapy Talk with April Ritter	18 10:00 TR Tell Me a Story 1:00 TR YouTube with Pat
19 10:00 OO Traditional Worship at St. Luke Lutheran Church ✓ 6:00 CH Evening Prayer Service	20 9:00 P Aquatics Riverwalk 9:30 TR Sittercise 10:00 TR Mind Games 10:30 CH Bible Study 11:00 MP Yoga (Chair Option) \$ ✓ 1:30 TR BINGO 3:15 3F Coffee & Conversation	21 9:30 TR Cardio Drumming 10:15 TR Polish & Shine - hand & nail care 1:00 P Aquatics Ai Chi 1:00 CH Riverview Readers 3:00 CH Defining Democracy 4:30 OO Dinner at 1898 Public House \$ ✓	22 9:00 P Aquatics Exercise 9:30 2F Balloon Ball 10:00 2F Mind Aerobics 10:00 3F Restore & Renew: Lavender care 10:30 CH Morning Prayer 1:00 TR Cardio Drumming 2:00 CH Catholic Communion 2:30 TR BINGO 2:30 MP Riversong Practice	23 9:00 2F The Wake Up 9:30 TR Sittercise 2 with Kelli 10:15 TR Mental Health Awareness Hour 2:00 CH Riverview Presents: Project Joy Senior Serenaders 3:00 CH Worship hosted by Central Lutheran	24 9:00 P Aquatics Exercise 9:00 OO Centennial Trail: Kendall Yards walk & donuts at Hello Sugar \$ ✓ 9:30 TR Sittercise 10:15 WR 10:15-11 Circuit Training 10:15 MT Show: "Lupin" (Part 3, Chapter 2) 10:30 CR Grief Support Group ✓ 1:30 MT Movie & Popcorn: "Master & Commander: The Far Side of the World"	25 10:00 TR Tell Me a Story 1:00 TR YouTube with Pat
26 10:00 OO Traditional Worship at St. Luke Lutheran Church ✓ 6:00 CH Evening Prayer Service	Memorial Day 27 9:00 P Aquatics Riverwalk 10:00 LS Little Store CLOSED 11:00 MP Yoga (Chair Option) \$ ✓ 11:30 HL Memorial Day BBQ	28 9:00 OO Shopping at Fred Meyer ✓ 9:30 TR Cardio Drumming 1:00 P Aquatics Ai Chi 1:30 CH Celtic Aires concert 2:30 MT Movie & Popcorn: "Megan Leavey"	National Senior Health & Fitness Day 29 9:00 P Aquatics Exercise 9:30 1F Balloon Ball 10:00 2F Mind Aerobics 10:00 3F We're Still Cookin' 10:30 CH Morning Prayer 1:30 TR National Senior Health & Fitness Day! 2:00 CH Catholic Communion 2:30 MP Riversong Practice	30 9:00 2F The Wake Up 9:30 TR Sittercise 2 with Kelli 10:15 TR BINGO 2:00 TR May Birthday Party	31 9:00 P Aquatics Exercise 9:00 3F The Wake Up 9:30 TR Sittercise 10:15 WR 10:15-11 Circuit Training 10:15 MT Show: "Lupin" (Part 3, Chapter 3) 10:30 CR Grief Support Group ✓ 1:30 MT Movie & Popcorn: "Secretariat"	