

RIVERVIEW RETIREMENT COMMUNITY

(A.L. WEEK 1) April 21 thru April 27

****Spicy**

Sunday April 21

Oatmeal/Cream of Wheat
Fried Eggs
Hash Browns
Bacon
Toast

Beef Stir-Fry
Jasmine Rice
Asian Cabbage Salad
Ice-Cream Bar
ALT/ Chicken Parmesan

Grilled Ham and Cheese
Flavor Tatars
Melon Wedge
Chocolate Chip Cookie
Tomato Soup
Chicken Noodle Soup

Monday April 22

Oatmeal/Cream of Rice
Cinnamon French Toast
Sausage Links

BBQ Pork Sandwich
Tater Tots
Ambrosia Salad
Peanut Butter Cookie
Chicken and Rice
Corn Chowder

Swedish Meatballs
Over Egg Noodles
Green Beans/Mixed Vegetables
Cucumber Tomato Salad
Chocolate Éclair
Alt./Tortellini Marinara

Tuesday April 23

Oatmeal/Cornmeal
Scrambled Eggs
Cinnamon Coffee Cake
Sliced Ham

BLT Sandwich
Flavor Tatars
House Macaroni Salad
Triple Chocolate Brownie
Tomato Florentine Soup
Chicken & Dumpling Soup

Chicken Pot Pie
Mashed Potatoes and Gravy
Creamed Corn/Brussel Sprouts
Anti-Pasta Salad
Apple Crisp
Alt./Salisbury Steak

Wednesday April 24

Oatmeal/Malt-O-Meal
Bacon
Sweet Cream Pancakes

"Baked Potato Bar"
Cheese, Broccoli, Onions, Bacon,
Chili, Olives, Sour Cream
Sugar Cookie
Italian Meatball Soup
Cream of Potato

Almond Chicken
Asian Fried Rice
Carrot Coins/Oriental Vegetables
Deviled Eggs
Carrot Cake
Alt./Butternut Squash Ravioli
w/Alfredo

Thursday April 25

Oatmeal/Grits
Western Scramble
Danish

Ranch Chicken Club w/Bacon
Lettuce, Tomato
Potato Chips
Chocolate Chip Cookie
Split Pea
Mediterranean Lentil

Beef Pot Roast
Mashed Potatoes & Gravy
Mixed Vegetables / Glazed Carrots
Waldorf Salad
Cherry Crisp
Alt./Pork Loin

Friday April 26

Oatmeal/Cream of Wheat

Biscuits and Gravy
Scrambled Eggs
Donut

Club House Salad
w/Turkey, Egg and Bacon
Baked bread Stick
Butterscotch Pudding
Clam Chowder
Chicken Rice Florentine

Shrimp Scampi
Brown Rice Pilaf
Broccoli / Spinach
Coleslaw
Blueberry Cheesecake
Alt./Swiss Steak

Saturday April 27

Oatmeal/Cream of Rice
Turkey Sausage Links
French Waffle

Philly Steak Sandwich
French Fries
Pickled Beets
Heath bar Cookie
Vegetable Soup
Chicken Cheese Cauliflower

Baked Italian Lasagna
Garlic Toast
Creamed Peas / Broccoli
Moroccan Carrot Salad
Chocolate Mint Ice-cream
Alt./Chicken Vienna